**TJCSGA General Assembly Resolution**

A Resolution Concerning mental and emotional education and awareness of Individual Colleges within TJCSGA

**WHEREAS**, A[ccording to the National Alliance on Mental Illness](https://nami.org/collegeguide), more than 75 percent of all mental health conditions begin before the age of 24; and

**WHEREAS**, U.S Department of Health & Human Services states that the overall percentage of high school students who report they had at least 1 major depressive episode or attempted suicide 1 or more times (during the 12 months before the survey) in Texas is 12% compared to the 7% nationwide; and

**WHEREAS**, According to College Stat organization, 75% of students who suffer from depression do not seek help for their mental health problem and 44% of them contemplate suicide each year; and

**WHEREAS**, Campuses and their counseling centers [are seeing](https://sites.psu.edu/ccmh/files/2019/04/2018-Annual-Report-4.15.19-FINAL-1s1dzvo.pdf) increased, unmet [demand](https://www.aucccd.org/assets/documents/Survey/2018%20AUCCCD%20Survey-Public-June%2012-FINAL.pdf) from students. [National assessment data](https://www.acha.org/documents/ncha/NCHA-II_Fall_2018_Reference_Group_Executive_Summary.pdf) shows rising levels of anxiety, depression, and suicidality/suicidal ideation among the college population. Suicide being the [second leading cause](https://www.nimh.nih.gov/health/statistics/suicide.shtml) of death among college students;

**BE IT RESOLVED**, Colleges under TJCSGA should work toward a more appropriate counselor to student ratio; and

**BE IT FURTHER RESOLVED**, We encourage each campus to register and display a herefortexas.com resource page on the opening resources page of the website for both student and employee; and

**BE IT FURTHER RESOLVED**, Students should take mandatory training on both mental and emotional conditions and the different tools or solutions at their disposal.

Submitted by:

The TJCSGA Resolutions Committee

Respectfully Submitted on the 10th day of April 2021.

Work Cited

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“Mental Health Guide.” RSS, collegestats.org/resources/mental-health-guide/.

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